

Kindness Calendar December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Kindness is a Gift Everyone Can Afford to Give</i></p>		1	2	3	4	5
		<p>Forgive someone. Repeat as necessary.</p>	<p>Let the person behind you in line check out first</p>	<p>Smile and say a friendly "Hello!" to a stranger</p>	<p>Be the reason for someone's smile today.</p>	<p>Only say nice words to yourself.</p>
6	7	8	9	10	11	12
<p>Help that mom struggling to get her stroller through the door.</p>	<p>Offer your seat to someone who may need it more than you do.</p>	<p>Be kind to the messenger.</p>	<p>Send someone a small gift anonymously.</p>	<p>Let someone else go first, just because.</p>	<p>Smile... just because</p>	<p>Donate your airline miles</p>
13	14	15	16	17	18	19
<p>Actions speak louder than words</p>	<p>Scrape someone's windshield.</p>	<p>Encourage someone who seems disheartened</p>	<p>Clean up the trash in a public place</p>	<p>Drop off a toy or game at a hospital.</p>	<p>Carry someone's groceries.</p>	<p>Volunteer virtually for a few minutes or hours</p>
20	21	22	23	24	25	26
<p>Recycle anything, correctly</p>	<p>Mentor someone, a child or an adult</p>	<p>Run an errand for a busy friend</p>	<p>Listen with all your senses.</p>	<p>At a restaurant, pay for another table's meal or dessert</p>	<p>Volunteer to take care of a friend's dog who is on vacation</p>	<p>Relay an overheard compliment.</p>
27	28	29	30	31	<p><i>There's Room for Everyone on the Nice List</i></p>	
<p>Forgive.</p>	<p>Start a neighborhood group to share a hobby with others</p>	<p>Smile at a stranger</p>	<p>Write an inspirational note to someone who needs inspiration.</p>	<p>Don't post angry.</p>		