

# Kindness Calendar January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Do One Act of Kindness Each Day of the Year and Change 365 Lives</i></p>					1	2
					<p>Forgive someone. Repeat as necessary.</p>	<p>Send someone a small gift anonymously.</p>
3	4	5	6	7	8	9
<p>Let the person behind you in line check out first</p>	<p>Smile and say a friendly "Hello!" to a stranger</p>	<p>Be the reason for someone's smile today.</p>	<p>Only say nice words to yourself.</p>	<p>Be kind to the messenger.</p>	<p>Let someone else go first, just because.</p>	<p>Smile... just because</p>
10	11	12	13	14	15	16
<p>Donate your airline miles</p>	<p>Scrape someone's windshield.</p>	<p>Encourage someone who seems disheartened</p>	<p>Clean up the trash in a public place</p>	<p>Drop off a toy or game at a hospital.</p>	<p>Carry someone's groceries.</p>	<p>Actions speak louder than words</p>
17	18	19	20	21	22	23
<p>Volunteer virtually for a few minutes or hours</p>	<p>Share positive and uplifting stories on social media</p>	<p>Volunteer your time at a non-profit organization.</p>	<p>Let a fellow driver merge into your lane.</p>	<p>Share your umbrella.</p>	<p>Donate time or resources to your local food pantry</p>	<p>Smile and say "Thank You" often</p>
24	25	26	27	28	29	30
<p>Give a smile and a friendly wave to a neighbor</p>	<p>Inspire someone today</p>	<p>Recommend a book; Better yet, lend that book.</p>	<p>Make eye contact and smile</p>	<p>Hold a door open for someone</p>	<p>Tweet a few of those compliments out.</p>	<p>Smile and wave back to children who wave at you.</p>
31						
<p>Talk to someone new.</p>						